FEPPA
FEMALE PELVIC PAIN ASSOCIATION

URV-SHE
URINARY RECTO-VAGINAL HEALTH & SHE

FEPPA 4th INTERNATIONAL CONFERENCE —WITH— URV-SHE

3RD ANNOUNCEMENT



5 - 7
FEBRUARY 2027

SMIMS, KULASEKHARAM
KANYAKUMARI, TAMIL NADU,
INDIA





SREE MOOKAMBIKA INSTITUTE OF MEDICAL SCIENCES

VELAYUDHAN PILLAI MEMORIAL HOSPITAL COMPLEX, PADANILAM KULASEKHARAM, KANYAKUMARI DISTRICT- 629161

ORGANISED BY
ODF
ORPHAN DISEASE FOUNDATION

AN EDUCATIONAL INITIATIVE
SWATI

Website
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FEPPA



Dr Amita Jain



Dr Vidya Bandukwalla

Founded in **2020** by **Dr. Amita Jain** and **Dr. Vidya Bandukwalla**, the Female Pelvic Pain Association (FEPPA) was established with a pioneering vision to improve awareness, understanding and scientific attention to **female pelvic pain**.

Recognising pelvic pain as a **complex, multifactorial condition**, FEPPA promotes a multidisciplinary approach bringing together gynaecologists, uro-gynaecologists, urologists, gastroenterologists, pain physicians, physiotherapists, psychologists, sexual-health specialists and allied professionals.

The association is committed to **education, research, awareness and collaboration**, promoting contemporary knowledge and evidence-based practice through scientific meetings, conferences, workshops and academic programmes.

FEPPA has successfully conducted **three international conferences**, creating a platform for experts across disciplines and countries to share knowledge, discuss challenging cases and explore evolving approaches to pelvic pain.

FEPPA continues the vision of its founders: **to make female pelvic pain better understood, better recognised and better managed.**

URV-SHE



Dr. Rema V. Nair



Dr Deeksha Pandey

Urinary, Rectovaginal Health & SHE

"Connecting the dots of pelvic health, because every part of HER matters."

Conceived by **Dr. Rema V. Nair, Director, Sree Mookambika Institute of Medical Sciences**, URV-SHE is a visionary initiative built on a simple principle: **a woman's urinary, vaginal and rectal health are deeply interconnected**.

The initiative is committed to **awareness, education and multidisciplinary collaboration**, encouraging knowledge exchange, evidence-based practice and coordinated care.

URV-SHE also seeks to empower women to speak openly about symptoms that are too often considered embarrassing, private or simply "normal" consequences of ageing or childbirth. Leakage, sexual dysfunction, vaginal discomfort, constipation and bowel difficulties should not be silently endured.

Ultimately, URV-SHE is more than an initiative—**it is a philosophy of care: connect the dots, bring specialties together and place the woman at the centre.**

Because every part of HER pelvis matters.

FEPPA 4th INTERNATIONAL CONFERENCE WITH URV-SHE

Organising Committee

ORGANISING CHAIR


Dr. Rema V. Nair

ORGANISING CO CHAIR


Dr Srikala Prasad


Dr Amita Jain


Dr Vidya Bandukwalla

ORGANISING SECRETARIES


Dr Deeksha Pandey


Dr Tanvir Singh

ADVISORY COMMITTEE


Dr. Ranjana Sharma


Dr Rajesh Taneja


Mr. Vishal Jajodia

EXECUTIVE COMMITTEE


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TREASURER


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Dr. Kavya Arja

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Dr Pranadeep Reddy Inukollu


Dr. Sirisha Velaga

WORKSHOP COMMITTEE


Dr. Dheera Samdariya


Dr Latika Chawla


Dr. Monisha Karthikeyan

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Dr. Thamizh Naveena


Dr. Pranavi Vamanagunta


Dr. Anamika Goyal

HOSPITALITY COMMITTEE


Dr. Manjula B C


Dr. R Himabindu


Dr. Alla Mounika

PROGRAMME COMMITTEE


Ms. Deepti Paliwal


Ms. Muskan Sharma

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INTERNATIONAL FACULTY



Dr Attilio Di Spiezio Sardo



Dr. Gyanendra Man Singh Karki



Dr Davide Sturla



Dr Koray Gorkem Sacinti



Dr Rupinder Kaur Ruprai



Dr Supuni Kapurubandara

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EVENT SCHEDULE

Date
05 February
2027

Time	Topic
Day 1 MORNING SESSION	
07:00-09:00 AM	Paper, Poster, and Video presentation by delegates
09:00-09:30 AM	Nerve Entrapment in Pelvic Surgery: How to Spare the Nerves
09:30-10:30 AM	Expert Discussion - Urogynecology Patients Problems and Perspectives
10:30-11:00 AM	Inauguration
11:00-12:00 NOON	Expert Discussion - Pelvic Pain algorithms across Age groups
12:00-12:30 PM	Integrating Imaging in Pelvic Floor Disorders
12:30-01:00 PM	When nothing works – Emerging Tools in Chronic Pelvic Pain
Day 1 AFTERNOON SESSSON (Simulation Workshops)	
10 Workshops on Rotation – 2 - 7 PM (each workshop of 30 mins)	
1 Cadaver Dissection	To empower clinicians to correlate complex pelvic anatomy with clinical practice, refining procedural accuracy and reducing risks during targeted interventional pain procedures
2 Pelvic floor Ultrasound	2d / 3d, Perineal, Endoanal, Introital Ultrasound
3 Sacral Neuromodulation	To understand how nueromodulation can reset dysfunctional pelvic pain pathways and improve outcomes in complex chronic pelvic pain syndromes
4 Pelvic Physiotherapy & Bio Feedback	To empower clinicians with practical physiotherapy tools to identify and treat the musculoskeletal drivers of chronic pelvic pain.
5 Urodynamics	To equip clinicians with practical skills to evaluate bladder dynamics, correlate findings with patient symptoms, and formulate evidence-based treatment pathways
6 Cystoscopy | Hysteroscopy	To equip gynaecologists with endoscopic skills to identify and manage uterine and bladder sources of chronic pelvic pain.
7 Aesthetic & Functional Gynecology	Laser, HIFEM, PRP & Botox for Pelvic Pain, Pelvic Floor Dysfunction & Functional Restoration
8 V NOTES	To equip clinicians with practical skills in vNOTES, advancing minimally invasive gynaecological surgery through a scarless natural-orifice approach.
9 Microwave Ablation	To train clinicians in image-guided microwave ablation for uterine fibroids and adenomyosis, focusing on precise targeting, safety and tissue preservation.
10 Robotic Surgery	To train clinicians in robotic pelvic surgery techniques, optimizing surgical precision and nerve-sparing approaches for complex pelvic pathology.

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Day 2 highlights (6th February 2027)

(LIVE TRANSMISSION)

Surgeries for Live Transmission with discussion that matters (Tentative cases)

- Nerve sparing surgery for Stage 4 Endometriosis
- V-NOTES – Hysterectomy with high Uterosacral Ligaments Suspension
- V-NOTES Sacrocolpopexy
- Microwave ablation of fibroids and adenomyoma
- Sacral Neuromodulation
- Orientation to Robotic Surgery



10 DIY workshop

- TVT-R trainer
- TVT-O trainer
- VVF repair trainer
- RVF repair trainer
- Lap endotrainer
- Hysteroscopy trainer
- Cystoscopy trainer
- Colpocleisis trainer
- OASIS repair trainer
- Wet-Lab trainer

GALA DINNER AND CULTURAL PROGRAMME

(TIME - 7-9 PM) VENUE- SOWPARNIKA AUDITORIUM

Day 3 Hands-on (7th February 2027)

(5 WORKSHOP)

- **Hysteroscopy** - Diagnostic & Operative Indications & Techniques
- **Cystoscopy** - Urethral & Bladder Lesions, Ureteric Jets assessment
- **Laser procedures** – GSM, Vaginal rejuvenation, Vaginismus
- **Botox** - Pelvic Floor & Chronic Pelvic Pain Applications
- **PRP** - Regenerative Approaches in Pelvic Pain & Functional Gynaecology

FEPPA 4th INTERNATIONAL CONFERENCE WITH URV-SHE

Call for abstracts:
Share your research & showcase your expertise!

Inviting entries for the Paper & Video presentations.

Conference registration is mandatory for submission, Open to all delegates

Topic: Urogynecological Surgeries & Chronic Pelvic Pain

Last date for abstract submission: **15TH December 2026**

Presentation will be done at conference Venue

Paper	Video
6+2 min	8+2 min

The best 2 presentations in both categories - Paper & Video will get the **Gold coin as 1st prize, Silver coin as 2nd prize**

REGISTRATION FORM

https://docs.google.com/forms/d/e/1FAIpQLSdFvOvMlN4aMa_GhQ8QkCzGVwIps8dLcv9teG9YQ3bwtGX2mA/viewform

Registration Details

CLOSED

No Spot Registration

Category	Early bird (till 31st october 2026)	Regular (Till 15th January 2027)
Emerald (Day 1- Lectures + Simulation Workshop +One to one faculty intraction)	₹ 25,000 $ 350	₹ 30,000 $ 350
Ruby (Include Emerald + Day 2 - OT Relay Sessions + DIY Trainers + Gala dinner)	₹ 40,000 $ 450	₹ 50,000 $ 450
Diamond SOLD OUT (Includes Ruby + Day 3- Hands on Hystroscopy, Cystoscopy, PRP/Laser/Botox)	₹ 50,000 $ 550	₹ 60,000 $ 550

Group Registration (10 People 10% discount)

Account details

Bank Name:	Axis Bank LTD	Branch:	New Marine Lines, Mumbai 400002
Account Name:	FEMALE PELVIC PAIN ASSOCIATION AN EVENT OF ORPHAN DISEASE FOUNDATION	NEFT/RTGS IFSC Code:	UTIB0000233
Account Number:	**921010005166085**	PAN Number:	**AAXCS9817R**

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Tourism Guide

THIRUVANANTHAPURAM

The Evergreen Capital of Kerala – Where Heritage Meets Serenity

Thiruvananthapuram is Kerala's historic capital, renowned for royal heritage, museums, colonial architecture, pristine beaches and spiritual landmarks. The world-famous Sree Padmanabhaswamy Temple, Kovalam Beach, Poovar Backwaters, Napier Museum and Kanakakkunnu Palace together offer a unique blend of culture, spirituality and coastal beauty. The nearby Adiyogi Shiva Statue provides a peaceful destination for meditation and wellness.

Distance from SMIMS: Approximately 55 km (1–1.5 hours by road)

Major Attractions

















KANYAKUMARI

The Land Where Three Oceans Unite

Kanyakumari is India's southernmost mainland destination where the Arabian Sea, Bay of Bengal and Indian Ocean meet. It is celebrated for spectacular sunrise and sunset views, spiritual heritage and iconic monuments including Vivekananda Rock Memorial and the Thiruvalluvar Statue.

Distance from SMIMS: Approximately 35 km (45–60 minutes by road)

THIRPARAPPU WATERFALLS

Nature's Hidden Gem in the Western Ghats

Thirparappu Waterfalls is a scenic natural retreat surrounded by lush greenery. Visitors enjoy the refreshing cascade, boating on the Kodayar River, landscaped gardens and the nearby historic Mahadevar Temple, making it a perfect blend of recreation and spirituality.

Distance from SMIMS: Approximately 7 km (10–15 minutes by road)

Destination	Distance from SMIMS
Thirparappu Waterfalls	-12 km
Mathur Aqueduct	-5 km
Padmanabhapuram Palace	-18 km
Kanyakumari	-35 km
Adiyogi Shiva Statue	-40 km
Thiruvananthapuram	-55 km

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Hotels in Vicinity



S NO	HOTEL	Hotel Rating	Distance n Address
1	Anantya by the Lake SELLING FAST	4.8	15 km State Highway 45 at Kaliel Village, by Chittar Lake
2	Ayana Lake Resort	4.8	14 km Old Boat House Road, Netta
3	Vaikundam Legacy SOLD OUT	4.8	13 km Vaikundam Estate, Alancholai, Kaliyal
4	Lunapiena Resorts	4.6	13 km Kaduvetty, Mulagamooddu
5	KKM	4.5	11 km Pammam, Marthandam
6	Hotel Chitra	4.5	11 km Marthandam
7	Delano	4.5	10 km Near Water Falls, Thirparappu

For Queries - Contact No.

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