

## SCIENTIFIC PROGRAM DAY 1

DAY 1 (08.30AM TO 16.45PM)		
<b>08.30AM - 08.45AM: REGISTRATION</b>		
<b>08.45AM – 09.00AM</b>	<b>WELCOME ADDRESS</b>	<b>Dr Meera V V Ragavan</b>
<b>SESSION 1: DECODING PELVIC PAIN</b> (Session Moderator - Dr. Mohini Agrawal - Session 1 & Session 2)		
<b>Chairperson: Dr. Rajesh Taneja, Dr. Premalatha PB, Dr. Sanjay Chincholikar</b>		
TIME	TOPIC	SPEAKER
09.00AM – 09.10AM	Introduction – R U MOVING SOME	Dr Ranjana Sharma
09.10AM – 09.20AM	Chronic Pelvic Pain (CPP) an Enigma	Dr Amita Jain
09.20AM – 09.35AM	Challenges in Evaluation of CPP	Dr Vidya Bandukwalla
09.35AM – 09.50AM	Chronic Pelvic Pain in Adolescent	Dr S Sampath Kumari
09.50AM – 10.05AM	Estrobolome	Dr A Tamilselvi
<b>SESSION 2: KEYNOTE</b>		
<b>Chairperson: Dr. Mala Raj, Dr. Vidya Bandukwalla, Dr. Amita Jain</b>		
10.05AM – 10.25AM	Birth Trauma and Pelvic Pain	Dr A Jaishree Gajaraj
10.25PM – 10.40AM	Mental Health in CPP Patients	Dr Aparna Ramakrishnan
<b>10.40AM - 10.50AM BIO BREAK</b>		
<b>SESSION 3: THE GUT FEEL</b> (Session Moderator - Dr. Josephin P Rosy - Session 3 & 4)		
<b>Chairperson: Dr. Rajesh Taneja, Dr. Palaniswamy K R, Dr. Shaanthy Gunasingh T K</b>		
10.50AM – 11.05AM	Gut microbiome and Chronic Pelvic pain	Dr Dhanshekar
11.05AM – 11.20AM	Recent Advances in IBS	Dr Karthik Natrajan
11.20AM – 11.35AM	Imaging in Obstructive Defecation Syndrome	Dr Jayraj Vishwanath
11.35AM – 12.05PM	<b>DEBATE</b> – Stress begets Irritable Bowel/ Irritable bowel begets Stress	Dr Shiny Surendran vs Dr Pal M ( <b>Judge</b> : Dr. K. R Palaniswamy)
<b>SESSION 4: ORATION</b>		
<b>Chairpersons: Dr. Vidya Bandukwalla, Dr. Meera V V Ragavan, Dr. Ranjana Sharma, Dr. Amita Jain</b>		
12.05PM – 12:35PM	Pain is inevitable but suffering is optional	Dr Preetha Reddy
12:35PM – 13:00PM	<b>INAUGURATION</b> (Master of Ceremony - Dr Latika Chawla)	<b>Dr Madhuri Patel</b> (Elected President FOGSI) <b>Mr Vishal Jajodia</b> (FEPPA Patron)
13:00PM – 14:00PM	<b>LUNCH</b> Industry sponsored Sessions: 1. Ferring Pharmaceuticals : Diagnosis & Awareness of Nocturnal Polyuria 2. Medtronic : Sacral Neuro Modulation - New Hope on Horizon Speakers : Dr. Sanjay Pandey & Dr. Meera V V Ragavan	
<b>SESSION 5: CONCISE UPDATE</b> (Session Moderator - Dr. Monika Gupta - Session 5 & 6)		
<b>CHAIRPERSONS : Dr Aparna Hegde, Dr Monika Gupta, Dr. Sumathy Prem Anand</b>		
14:00PM – 14.15PM	Diet Modification for CPP	Dr Bhuvaneshwari Shankar
14:15PM – 14:30PM	Nerve Entrapment Syndrome	Prof Ragavendran
14:30PM – 14:45PM	Post Operative Pelvic Pain	Dr Pradeep C
<b>SESSION 6: BLADDER BRAIN CROSS TALK</b>		
<b>CHAIRPERSONS : Dr. Sandeep, Dr. Vijayalakshmi Seshadri, Dr Ranjana Sharma</b>		
14:45PM – 15.00PM	LUTS	Dr Sanjay Chincholikar
15:00PM – 15:15PM	Recurrent UTI - The Conundrum	Dr Aparna Hegde
15:15PM – 15:30PM	Bladder Centric Bladder Pain Syndrome	Dr Bhojraj Luitel
<b>15.30PM - 15.45PM BIO BREAK</b>		
<b>SESSION 7: KEYNOTE</b> (Session Moderator - Dr. Meera V V Ragavan - Session 7 & 8)		
<b>Chairperson: Dr. Deepak Ravindran, Dr. Geethalakshmi A, Dr. K Seethalakshmi</b>		
15.45PM – 16.00PM	Chronic Pelvic Pain in Transitioned	Dr Sanjay Pandey
<b>SESSION 8: MASTERING THE MIND</b>		
<b>EXPERTS : Dr. Meena Mahalingam, Dr. Deepthi Guduru</b>		
16:00PM – 16:20PM	Positive Psychology in Pelvic Pain	Dr Sheela Nambiar
16:20PM – 16:45PM	Panel Discussion - Endometriosis an Enigma	<b>Moderator</b> - Dr. Monika Gupta & Dr. Meera V V Ragavan <b>Panelist</b> - Dr Sumana Manohar, Dr Dhivya, Narasimhan, Dr Vanitha Amban, Dr Meenakshi Sundaram, Dr Damodar Rao, Dr Tarun Joseph, Dr Josephin P Rosy
<b>END OF DAY 1</b>		

## SCIENTIFIC PROGRAM DAY 2

DAY 2 (08:00 AM - 04:30 PM IST)		
08:00AM - 09:00AM	<b>BREAKFAST RECORDED SESSION FROM EXPERTS</b> (Session Moderator - Dr. Meera V V Ragavan)	
08:00AM - 08:15AM	Pelvic Floor - Too Tight is not Right	Dr Ruchi Singh
08:15AM - 08:30AM	All that Hurts is not Infection	Dr Ng Poh Yin
08:30AM - 08:45AM	Central Sensitization	Dr Deepak Ravindran
08:45AM - 09:00AM	Lifestyle Intervention in Management of CPP	Dr Deepak Ravindran
<b>09:00AM – 09:45AM PAPER PRESENTATION</b> (Session Moderator Dr. Meera V V Ragavan)		
Judges: Dr. Vijayalakshmi Gnanasekaran, Dr. Tamilselvi A, Dr. Latika Chawla, Dr. Priyadarshini K		
09:00AM - 09:10AM	Urinary retention as a manifestation of Bladder pain Syndrome	Dr Mohini Agarwal
09:10AM - 09:20AM	Reframing Pelvic Floor Rehabilitation through a Trauma Informed Lens: A Pilot Study on Genito-Pelvic Pain Penetration Disorder in Indian Women	Dr Jasmine Flora
09:20AM - 09:30AM	EASING THE PAIN: HOW PHYSIOTHERAPY OFFERS A NEW HORIZON FOR ADENOMYOSIS SUFFERERS - A SYSTEMATIC REVIEW	Dr Madhuri Rajkumaran
09:30AM - 09:40AM	Voiding Dysfunction & Pelvic Floor Relaxation Therapy in Chronic Pelvic Pain : Our Experience	Dr Debasmita Khuntia
<b>SESSION 9: ENDO &amp; PELVIC PAIN SESSION - Dr. Latika Chawla and Dr. Mala Raj</b> (Session Moderator : Dr. Monika Gupta)		
<b>Chairperson: Dr R Premalatha, Dr Damodar Rao</b>		
09:45AM – 10:00AM	Scar Endo & Management	Dr Rekha Kurian
10:00AM – 10:15AM	Deep Infiltrating Endo	Dr Mala Raj
10:15AM – 10:30AM	Dialogue - Medical vs Surgical Management	Dr Gnana Shanker - (Dialogue) Dr. Latika Chawla - (Dialogue)
10:30AM – 11:05AM	Pelvic Pain Multidisciplinary Panel	<b>Moderator</b> - Dr Meera V V Ragavan & Dr Mohini Agrawal <b>Panelist</b> - Dr Meena Mahalingam, Dr Anand Murugesan, Dr Uma Venkatesa, Dr Sandeep Bafna, Dr T Srikala Prasad
11:05AM – 11:20AM	Bladder Brain Axis in Chronic Pelvic Pain	Dr Rajesh Taneja
<b>SESSION 10 - KEYNOTE</b> (Session Moderator : Dr. Latika Chawla)		
<b>Chairperson: Dr. Madhini V, Dr. Meera V V Ragavan, Dr. Karpagambal Sairam</b>		
11:20AM – 11:40AM	Latrogenic Pelvic Pain	Dr T Srikala Prasad
11:40AM – 12:00PM	Pelvic Floor - Too Tight is not Right	Dr Ruchi Singh
12:00PM – 12:20PM	RAPID FIRE	Dr A Tamil Selvi
12:20PM - 12:40PM	<b>INTERACTIVE QUIZ</b>	<b>Dr Deepa Thangamani &amp; Dr Priya Kannappan</b>
<b>12:40PM - 13:00PM VALEDICTORY FUNCTION</b>		
13:00PM - 14:00PM	<b>LUNCH</b> Industry sponsored Sessions: 1. IPCA - Recurrent UTI - The Non-Antibiotic Approach - Dr Meera V V Ragavan 2. CIPLA - Methanamine Hippurate - The Game Changer - Dr Meera V V Ragavan	
14:00PM - 15:30PM	<b>Pelvic Floor Rehabilitation Workshop-1</b>	<b>Managing Pelvic Pain Workshop-2</b> Dr Deepak Ravindran (Online)
	Pelvic Floor Assessment - <b>Dr Micheal</b>	
	Pelvic Floor Biofeedback - <b>Dr Deepthi Guduru</b>	
	Pelvic Floor Yoga - <b>Dr Bhuvaneshwari</b>	
	Functional Training Pelvic Floor - <b>Dr Sonali</b>	
<b>END OF CONFERENCE</b>		